

NAMI Bridges to Care – Greater San Antonio

June 2024 Course Calendar



We invite all who wish to learn more about Mental Health and Wellness to register for our courses at no charge. All are welcome!

To become a full NAMI-BTCSA Wellness Champion & to receive a Certificate of Completion & Lapel Pin, one must complete all six core curriculum trainings **plus one** of the elective trainings offered. We encourage all those new to our Program to attend the Orientation, usually scheduled the first week of each month. Currently, most of our courses are offered online. For your Congregation or Organization to be designated as a NAMI-BTCSA Behavioral-friendly Safe Space, you must have at least three individuals fully-trained.

After registering for a course, you will receive an email from Zoom with the Zoom link for the session. Do not hesitate to contact Geri Gregory, our Training Coordinator, with any questions at geri.g@nami-sat.org or 210-269-5331.

*Denotes Core Curriculum Courses **Denotes Youth Track Certification Courses No denotation indicates an Elective Course. These courses are listed in chronological order.

***Thursday, June 13, 6:00 - 8:00 PM – Companionship**

Click to Register: <https://us02web.zoom.us/meeting/register/tZcpc-qprT0jE9M18NczyAwEVpkvVeJa1NMk>

***Tuesday, June 18, 6:00 - 7:30 PM – In Our Own Voice**

Click to Register: <https://us02web.zoom.us/meeting/register/tZUqc-6grDgoGtxzF43-u4wVnUabZ7rYkklh>

***Thursday, June 20, 6:30 - 8:00 PM – Building a Mental Health “Program” in Your Faith Community or Organization**

Click to Register: https://us02web.zoom.us/meeting/register/tZlqdOuoqTgqH9S4N5Rbd5_Vn1nitha3E9t6

***Friday, June 21, 12:00 - 1:30 PM – Trauma Informed Care**

Click to Register: <https://us02web.zoom.us/meeting/register/tZAofuiugTgpGdaQwhkcvGPs103keyJzWlj>

***Monday, June 24, 6:00 - 7:30 PM – Mental Health Resources**

Click to Register: <https://us02web.zoom.us/meeting/register/tZAlcu2pgj4oE9B0ej2cJyJMclmtrZHCqirY>

****Tuesday, June 25, 6:30 - 8:00 PM – Self-Harm for Youth (Adults Session)**

Click to Register: <https://us02web.zoom.us/meeting/register/tZcqmumtrjsiHNfDCeUmUFuPfcQrKHPOlfnx>

Thursday, June 27, 5:00 - 6:30 PM – Recovery from Substance Use

Click to Register: https://us02web.zoom.us/meeting/register/tZAlcemogjgpGtbqmDkTPCboZo_rk7G9FTqL

****Thursday, June 27, 7:00 - 8:30 PM – Cyber Safety for Youth (Adults Session)**

Click to Register: <https://us02web.zoom.us/meeting/register/tZckceypqD4vHNVi8UogC6TMY1qTBQ-0D0eN>

PLEASE NOTE: We will take a training hiatus in July, but we will resume training in August. Please watch your email inbox for training dates to come!