

San Antonio Faith-based Mental Health Family Support Groups
Support Groups for people with a loved one with a mental health diagnosis

<p>Alamo Heights United Methodist Church <u>Faith-based Mental Health Support Group</u> Meets 3rd Thursday from 9:00-11:00 am 825 E Basse Rd, Rm W105, Alamo Heights 78209 Contacts: Ed & Jackie Dickey (210) 602-2483 Email: jedickey68@gmail.com</p>	<p>Community Bible Church-Family Grace Group <u>Mental Health Grace Alliance Curriculum</u> Meets Tuesdays from 6:30-8:00 pm 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@cbcmail.org Spring, Summer, Fall</p>
<p>Community Bible Church <i>Boundaries- "Changes That Heal"</i> <u>Faith-based Curriculum</u> Meets Tuesdays from 6:30-8:30 pm 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org <i>Spring, Summer, Fall sessions</i></p>	<p>First Baptist Church (Universal City) <u>Faith-based Mental Health Support Group</u> Meets 3rd Tuesday from 7:00 – 8:00pm 1401 Pat Booker Rd, Universal City 78148 Rm. Praise 102 Contact: Scott and Donna Bass (210) 241-1384 Email: sbelvins@fbcuc.org</p>
<p>First Presbyterian Church Support Group <u>Mental Health Grace Alliance Curriculum</u> Meets 1st & 3rd Tuesday from 6:30-8:00 pm 404 N Alamo St, Rm 300, San Antonio 78205 Contact: Doug Beach (210) 602-5733 Email: dougbeach7897@ymail.com</p>	<p>Northside Community Church <u>Mental Health Grace Alliance</u> Meets 3rd & 5th Wednesdays from 6:30-8:00 pm Call contact for directions Contact: Sylvia Gomez (210) 535-1516 Email: maria.sylvia7@gmail.com</p>
<p>MacArthur Park Church of Christ <u>Mental Health Grace Alliance Curriculum</u> Meets the 1st & 3rd Tuesday from 7:00-8:00pm 1907 NE Interstate Loop 410, San Antonio 78217 Use Office Entrance C Contact: Douglas/Laurie Brown (210) 844-8728 Email: dbrown@macarthurchurch.org</p>	<p>St. Brigid's Catholic Church- Bilingual <u>Faith-based Curriculum</u> Meets every 3rd Saturday 10:00 am-12:00 pm Except in August & December 6907 Kitchener St, San Antonio 78240 McKenna Building, Rm 203 Contact: Carmen Ortiz (210) 521-9161 Contact: Rose Marie Falduto (210) 414-8092 Email: rosefalduto63@gmail.com</p>
<p>St. Peter the Apostle Catholic Church Mental Health Grace Alliance Curriculum 202 W. Kronkosky St, Rm 164, Boerne 78006 Meets the 1st and 3rd Thursday from 6:30-8:30 pm Contact: Don and Mary O' Connor (830) 368-4112 Email: fllaagg37@msn.com</p>	<p>Oakwood Baptist Church/ New Braunfels, Texas Mental Health Grace Alliance Curriculum Register by calling: Oakwood Counseling Center at 830-627-7006 Wednesday 6:00 -7:30pm Childcare provided 5:00pm a meal is served for \$3 for anyone attending</p>

San Antonio Non-Faith Family Support Groups
Support Groups for people who lost a loved one

<p>Survivors of Loved One's Suicide (18 and older) Meets every 1st & 3rd Wednesday from 7:00-8:30 pm The Ecumenical Center 8310 Ewing Halsell Dr, San Antonio 78229 Contact: Tony Mata (210) 885-7069 Email: Tony_B_Mata@hotmail.com</p>	
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San Antonio Faith-based Mental Health Peer Support Groups
Support Groups for people with a mental health diagnosis

<p>Community Bible Church-Living Grace Group <u>Mental Health Grace Alliance Curriculum</u> A support group for those living with any type of mental health disorder <i>Summer, Fall & Spring semesters offered</i> Meets Tuesdays from 6:30-8:00 pm Community Bible Church 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org Spring, Summer, Fall sessions</p>	<p>Community Bible Church-Living Hope Group for PTSD <u>Mental Health Grace Alliance Curriculum</u> A support group for PTSD or anyone dealing with issues involved in recovery from exposure to severe trauma <i>Summer, Fall & Spring semesters offered</i> Meets Tuesdays from 6:30-8:00 pm Community Bible Church 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org Spring, Summer, Fall sessions</p>
<p>Community Bible Church <u>Faith-based Curriculum</u> <i>Anxiety "Anxious for Nothing"</i> Meets Tuesday at 6:30-8:00pm 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org Register for Spring 2020</p>	<p>Community Bible Church <u>Faith-based Curriculum</u> <i>Boundaries-When to say "Changes That Heal"</i> Meets Tuesdays from 6:30-8:30pm 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org Please visit communitybible.com (search support groups) Spring, Summer, Fall sessions</p>
<p>Community Bible Church <u>Faith-based Curriculum</u> <i>Grief Share (surviving the death of a loved one)</i> Meets Tuesdays at 6:30-8:00pm 2477 N Loop 1604 East, San Antonio 78232 Contact: Denise Espino (210) 253-5971 Email: despino@chcmail.org Please visit www.griefshare.org for citywide locations Spring, Summer, Fall sessions</p>	<p>Faith Outreach Center <u>Faith-based Curriculum</u> <i>Kingdom Men</i> Meets the 1st, 2nd & 3rd Mondays of the month From 7:00-8:30 pm 3806 Sunshine Ranch Rd, San Antonio 78228 Contact: Anthony Walker, Pastor (210) 734-7423 Email: awalker@faith-outreach.org</p>
<p>MacArthur Park Church of Christ-Living Grace Group <u>Mental Health Grace Alliance Curriculum</u> Meets the 1st & 3rd Tuesday from 7:00pm – 8:00pm 1907 NE Interstate Loop 410, San Antonio 78217 Use Office Entrance C Contact: Doug/Laurie Brown (210) 844-8728 Email: dbrown@macarthurchurch.org</p>	<p>Travis Park United Methodist Church <u>Prayer Picnic</u> Homeless and addicts Meets every Wednesday at 6:00 pm 230 E Travis St, San Antonio 78205 Contact: Lori Chidgey/ UMC (210) 226-8341 info@travispark.org</p>
<p>St. Timothy Catholic Church -Bilingual <u>Mental Health Support Group- Families welcomed</u> Meets every 3rd Tuesday from 6:30-8 pm 1515 Saltillo St, San Antonio 78207 Contact: Sylvia Luna (210) 393-3664 Email: Sylvia@wceff.net</p>	