



BTCSA builds **connections** between congregations and service providers, **trains** people to be **companions** with one another for mental and behavioral health, brings **hope** and **compassion** to our city through cohorts of congregations and makes known the **resources** available to all for continued **wellness**.

## **BRIDGES TO CARE SAN ANTONIO COVENANT**

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### **Bridges to Care San Antonio agrees to:**

- Organize and implement training
- Administer the oversight of the city-wide initiative through promoting the vision and assessing results
- Oversee funding and raise funds to cover the costs of the initiative
- Provide for staffing to sustain the initiative

### **The Bridges to Care San Antonio**

- Oversee and administer all communications of the initiative
- Organize the cohorts
- Be a resource to the cohorts and the congregations that make up the cohorts
- Link the congregations within cohorts

### **The City District Community Outreach Specialist agrees to:**

- Attend training with the cohorts within and/or near their district they serve
- Be the district and cohorts' resource person
- Stay up to date on services available within and/or near the district

### **The Congregation agrees to:**

- A three year relationship, to begin with
- Identify 3-8 congregants who will attend training and become Wellness Champions
- Identify and implement necessary wellness initiatives to serve the community
- Connect with a cohort or other congregations to attend monthly cohort meetings to make connections, share resources and experiences, and join forces to serve the community
- Consider and make, if possible, a financial contribution to Bridges to Care San Antonio

### **The Wellness Champion agrees to:**

- Attend at least 15 hours of training provided by Bridges to Care San Antonio
- Attend monthly Wellness Champion meetings
- Carry out the mission and vision of their congregation's mission and vision for mental and behavioral health and wellness
- Lead their congregation in becoming a Mental and Behavioral Health Friendly Congregation

### **We all agree to:**

- Upholding the vision of Bridge to Care San Antonio
- Respect all religions and faiths by using inclusive language
- Respect all people by using terminology regarding mental health and wellness that is appropriate and uplifts the person and community
- Reduce the stigma surrounding mental illness and care for all people equally