



BTCSA builds **connections** between congregations and service providers, **trains** people to be **companions** with one another for mental and behavioral health, brings **hope** and **compassion** to our city through cohorts of congregations and makes known the **resources** available to all for continued **wellness**.

BRIDGES TO CARE SAN ANTONIO INCLUSIVENESS

- Bridges to Care San Antonio is a multi-faith initiative of the City of San Antonio.
- We will strive to use language and terms that span across all spiritual and faith traditions.
- Instead of using the terms church, temple, synagogue, mosque; we will use congregation or spiritual and faith community.
- Instead of using ministry we will use terms like initiative or program.
- We can all help each other learn to not use terms that might be offensive or that are attributed to one faith and not another.
- We will work to not use terms such as: mentally ill, crazy, insane, psycho, schizo, or committed.
- When speaking about Mental and Behavioral Health it is helpful to use terms like “a person seeking mental wellness” or “I am searching for wholeness.”
- When in conversation with others or talking about ourselves use “a person living with depression” rather than saying “you’re depressed”
- We will focus on people forward language of wellness, health, resilience, and hope.